

L-CARNITINE

L-Carnitine is an amino acid produced naturally by the liver and kidneys and then distributed for all body especially in the brain and skin.



It has gained popularity in recent years for its lipolytic or fat-burning action.

When applied topically in some formulas, it can help reduce fat production.

The breakdown of collagen fibers when they do not have enough elasticity, produces stretch marks. The structural and elastic fibers of the skin are key in maintaining structure and elasticity. L-carnitine has an important role rebuilding them.